



Devon Carers Peer Support Service

The Peer Support service is primarily about carers giving mutual support to each other both individually and in groups. Carers have the opportunity to form networks and friendships with other carers so they don't feel so isolated and their wellbeing is improved.

In this service everyone is a volunteer and everyone is a carer so everyone is giving and receiving support. There is a strong emphasis on friendships between carers rather than reliance on a worker.

Access to the service is via a Carers Assessment which will identify whether any needs arising from your caring role can be addressed through peer support.

If you would like to make an appointment for an assessment or more information contact Devon Carers on 03456 434 435



03456 434 435
www.devoncarers.org.uk