



### **Nearly March already!**

**Where is this year going? Time seems to be speeding past this year again. Several things are going on in town. In this update find details of:**

- Musical Memories location change
- The next Health Awareness Coffee morning
- A new Dementia Alliance for South Molton
- Look out for us in the pannier market!





The **South Molton Musical Memories** now meets on Tuesday afternoons from 2pm in the pop-in at the back of the Age Concern shop. Anyone is welcome to attend.

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The next **Health Awareness Coffee Morning** will be held in The Assembly Rooms on **Thursday 18th May**. Bookings are now being taken for the stalls. We are limited for space, so if you want to book a table to promote your activities that help support people to be healthier and happier, please contact Lyn on [smconnect@mail.com](mailto:smconnect@mail.com) asap.

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Following on from the success of the Dementia Friends and Purple Angel Dementia Awareness Schemes in South Molton, we are looking at forming a New **Dementia Alliance** in South Molton to keep the momentum going. We will be holding a get together soon to bring together interested individuals, organisations and businesses. More information to follow. If you would like to be part of this initiative, please contact [smconnect@mail.com](mailto:smconnect@mail.com).

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Come and find out more about **South Molton Community Connections in the Pannier Market on Thursday 20th April**. Our trustees will be on hand to let you know more about what we do and how we can help. Come across and say hello!

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